

Local Data Profile



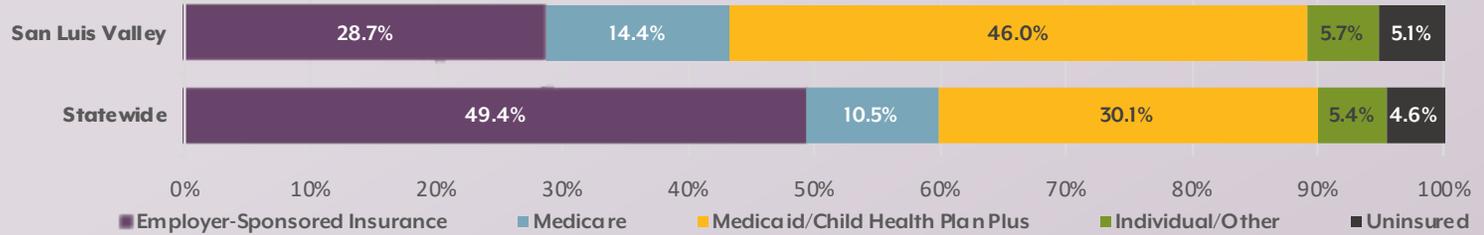
Region 8

Mineral,
Costilla,
Conejos,
Alamosa,
Saguache, Rio
Grande counties

More analysis online

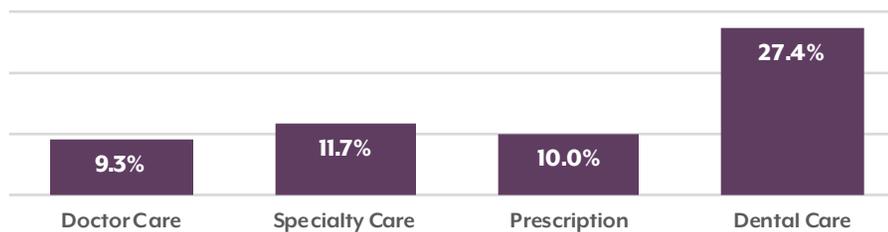


Insurance Types



Affordability and Cost of Care

Did not get care because of cost in the past 12 months, by type of care



Surprise bills



Had an unexpected bill for medical services in the past year

26.8%
State: **26.4%**

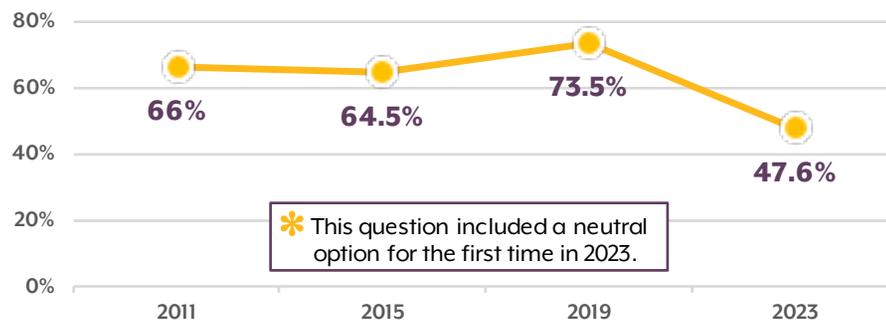
Ability

Have difficulty performing daily activities because of any physical/mental/emotional condition

19.3%
State: **14.8%**

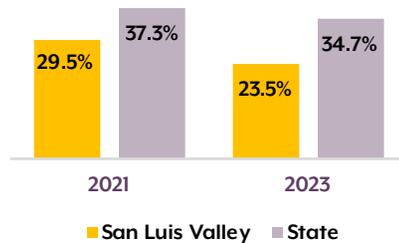
Opinions on the Health Care System

Agree that the current Colorado health care system meets their needs



Telemedicine

Used telemedicine in the past year



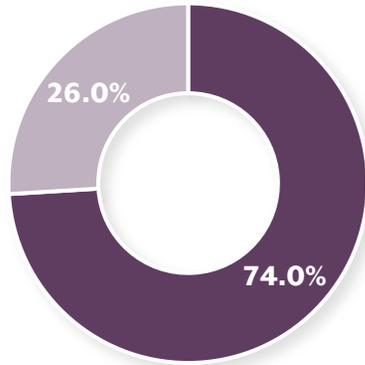
Broadband

Households that do not have broadband internet service



7.7%
State: **4.7%**

General Health: Self-reported



■ Good/Very Good/Excellent ■ Fair/Poor

Long COVID: People age 16 and older with COVID symptoms lasting three months

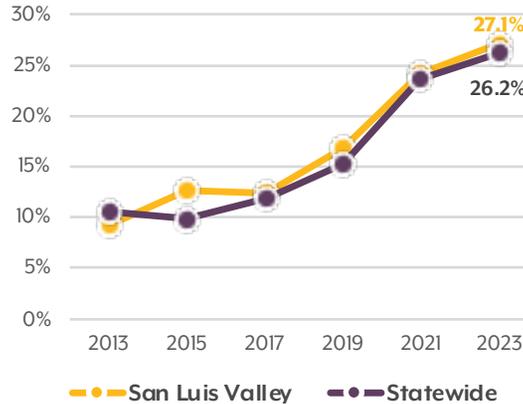


Had a Primary Care Visit



Mental Health

Eight or more days of poor mental health in the past month



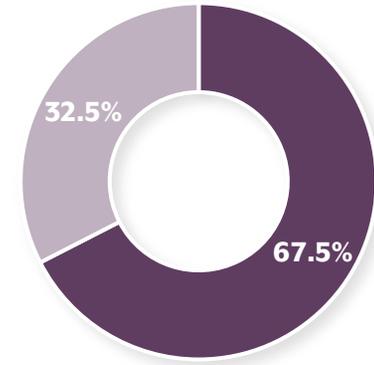
Needed mental health care but did not receive it



Reasons for not getting needed care

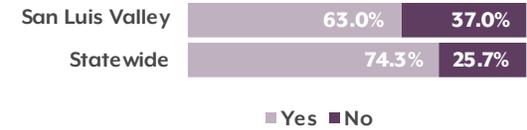


Oral Health: Self-reported



■ Good/Very Good/Excellent ■ Fair/Poor

Saw a dentist or hygienist in the past year



Has dental insurance



Social and Economic Influences on Health

FOOD

Ate less than they thought they should because there wasn't enough money for food



HOUSING



Worried about having stable housing in the next two months



Had trouble paying rent or mortgage in the past year



TRANSPORTATION

Problems with transportation in the community

Roads in poor shape



Gas too expensive



No public transit

